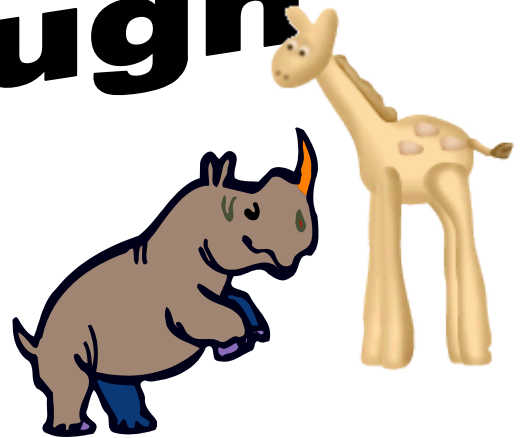


Crafts

Salt Dough



You require :-

- 1 cup cooking salt
- 3 cups plain flour
- Cup cold water
- Mixing bowl
- Wooden spoon
- Plastic bag
- Shaping and cutting implements
- Cooling rack
- Microwave-safe plates, platters and dishes to use as moulds
- Paint
- Paintbrush
- Varnish

Method :-

1. Mix one cup of salt with three cups plain flour in a large mixing bowl. Then add one cup of cold water. Mix the dough.
2. Turn the dough out on to a lightly floured surface and roll or knead until smooth.
3. The dough can then be stored in a plastic bag in the fridge for several days.
4. Roll the dough on a lightly floured surface to the required thickness, usually about 5 mm (1/4 inch).
5. Cut out shapes or mould on to dishes if required.
6. Cook slowly in the microwave. Usually on a low or medium power setting. Allow the shapes to rest and cool on a cooling rack between times to prevent overcooking and bubbling.
7. Paint and varnish the dried shapes to preserve the dough.